

**Irish Sleep Society  
Annual Scientific Meeting Programme  
Friday 22<sup>nd</sup> January 2021**

1:00pm – 1:10pm	Welcome
<b>1:10pm – 3:00pm</b>	<b>Oral abstract presentations</b> <b>Chairs: Prof. Eddie Moloney / Dr. Barry Kennedy</b>
3:00pm – 3:30pm	Coffee break / Videos from Industry Sponsors
3:30pm – 4:00pm	Prof. Jan Hedner (University of Gothenberg) – <i>Novel Pharmacotherapy in Obstructive Sleep Apnoea</i> <b>Chair: Prof. Liam Cormican</b>
4:00pm – 4:30pm	Prof. Joerg Steier (King’s College, London) – <i>Non-CPAP Therapy in Obstructive Sleep Apnoea: Transcutaneous Electrical Stimulation (TESLA home)</i> <b>Chair: Dr. Brian Kent</b>
4:30pm – 5:00pm	Prof. Dieter Riemann (University of Freiburg) – <i>Chronic Primary Insomnia – State of the Art</i> <b>Chair: Dr. Silke Ryan</b>
5:00pm – 5:30pm	Ms. Breege Leddy (Cremore Clinic, Dublin) – <i>Cognitive Behavioural Therapy and Clinical Management of Insomnia</i> <b>Chair: Dr. Katherine Finan</b>
5:30pm – 6:30pm	Close of meeting followed by Annual Business Meeting

This event attracts \_\_ CPD Credits in the External CPD category (RCPI)

## Oral Abstract Presentations

- 1:10pm – 1:22pm      Maintaining a Sleep Service during COVID lockdown  
T Green, L Doherty  
*Dept of Sleep Medicine,  
Bon Secours Hospital Cork*
- 1:22pm – 1:34pm      Health-Related Quality of Life in Narcolepsy: A Systematic  
Review and Meta-Analysis  
R. Tadrous<sup>1</sup>, D. O'Rourke<sup>2</sup>, D. Mockler<sup>1</sup>, J. Broderick<sup>1</sup>  
<sup>1</sup>. *Department of Physiotherapy, School of Medicine, Trinity  
College Dublin, Ireland*  
<sup>2</sup>. *Department of Neurology, St. James's Hospital, Dublin, Ireland*
- 1:34pm – 1:46pm      A Comparison of Traditional versus Virtual Clinical Physiologist  
Led Positive airway pressure (PAP) Review Clinics  
A Bukhari, S Shah, K McEvoy , A McGowan, L Cormican  
*Respiratory and Sleep Diagnostic Department, Connolly Hospital,  
Dublin*
- 1:46pm – 1:58pm      Audit of Sleep Pathway for Prader-Willi Syndrome Infants  
Commencing Growth Hormone Therapy  
Feaheny F, Javadpour S  
*Department of Paediatric Respiratory and Sleep Medicine,  
Children's Health Ireland at Crumlin*
- 1:58pm – 2:10pm      A Profile of Physical Performance Variables in an Out-Patient  
Adult Population with Narcolepsy  
R. Tadrous<sup>1</sup>, J. Broderick<sup>1</sup>, N. Murphy<sup>3</sup>, L. Slattery<sup>2</sup>, G. Quinn<sup>3</sup>, D.  
O'Rourke<sup>2</sup>  
<sup>1</sup> *Discipline of Physiotherapy, School of Medicine, Trinity College  
Dublin, Dublin, Dublin, D08 W9RT, Ireland*  
<sup>2</sup> *Department of Neurology, St. James's Hospital, Dublin, Dublin,  
Dublin, D08 W9RT, Ireland*  
<sup>3</sup> *Department of Physiotherapy, St. James's Hospital, Dublin,  
Dublin, Dublin, D08 W9RT, Ireland*
- 2:10pm – 2:22pm      Obesity: A closer look at management of a major risk factor for  
obstructive sleep apnoea (OSA)  
S. Chaney; P. Byrne; E. Caffrey and E. Moloney  
*Respiratory and Sleep department at Peamount Hospital,  
Newcastle Co. Dublin.*

2:22pm – 2:34pm

Pressure Modification or Humidification for Improving Usage of Continuous Positive Airway Pressure Machines in Adults with Obstructive Sleep Apnoea - A Cochrane Systematic Review

C Gill<sup>1</sup>, B Kennedy<sup>1</sup>, TJ Lasserson<sup>2</sup>, DR Wozniak<sup>3</sup>, I Smith<sup>3</sup>

<sup>1</sup>*Department of Respiratory & Sleep Medicine, St James' Hospital, Dublin, Ireland*

<sup>2</sup>*Editorial & Methods Department, Cochrane Central Executive, London, UK*

<sup>3</sup>*Respiratory Support and Sleep Centre, Royal Papworth Hospital, Cambridge, UK*

2:34pm – 2:46pm

Long-term Adherence to Continuous Positive Airway Pressure Therapy: Predictors in Patients with Obstructive Sleep Apnoea in Ireland

C O'Donnell<sup>1,2</sup>, SW Ng<sup>1,2</sup>, A Russell<sup>1</sup>, G Nolan<sup>1</sup>, S Ryan<sup>1,2</sup>

<sup>1</sup>*Sleep Disorders Unit, St. Vincent's University Hospital Dublin*

<sup>2</sup>*School of Medicine, University College Dublin*

2:46pm – 2:58pm

Response to Pitolisant Therapy in Patients with Difficult to Treat Hypersomnia

J Kaler<sup>1</sup>, E Lyons<sup>1</sup>, V Gnoni<sup>1</sup>, L Perez-Carbonell<sup>1</sup>, S Higgins<sup>1</sup>, R Muza<sup>1</sup>, P Drakatos<sup>1</sup>, GD Leschziner<sup>1,2</sup>, G d'Ancona<sup>1</sup>, BD Kent<sup>1,3,4</sup>

<sup>1</sup>*Sleep Disorders Centre, Guy's & St Thomas' Hospitals, London*

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