

4.17 Has Covid made us “contactless”?

An Appraisal of the “Making Every Contact Count” Model of Intervention in Hospital Inpatients for Smoking Cessation

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The HSE framework “Making Every Contact Count” emphasises the role of behaviour change interventions for chronic disease prevention. Evidence shows that ongoing, episodic advice from healthcare workers is often effective in aiding smoking cessation. Pooled data from 17 trials on brief advice showed significant increase in rates of quitting. An audit was carried out to assess how often advice or information was given to patients regarding smoking cessation while an inpatient in SLGH, in accordance with HSE guidelines. Information gathered will be used to improve smoking cessation bundles in SLGH in conjunction with the health promotion officer.

Conflict of Interest: None to declare