

## **7.06Mid-West Integrated Care GP Access Respiratory Clinic:**

### **A Service Evaluation**

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### **Background**

A community-based interdisciplinary Clinical Nurse Specialist / Physiotherapist led clinic was established in Mid-West Community Healthcare with the aim of optimising people living with chronic respiratory diseases. It enables GP practices in North Tipperary and Co Clare to refer patients at the lowest level of complexity directly to respiratory services in line with the HSE Integrated Model of Care for the Prevention and Management of Chronic Disease.

These clinics provide appointments to patients with chronic respiratory diseases in locations as close to their home as possible and an opportunity for participation in community Pulmonary Rehabilitation.

### **Methods**

GPs referred patients over 16 years with confirmed COPD or Asthma. Patients were assessed with outcome measures Asthma Control Test, COPD Assessment Test, mMRC Dyspnoea scale and General Anxiety Disorder 7.

### **Results**

74 patients have been seen with an average of 3 exacerbations in the previous year. 11% of the patients had been admitted to hospital and 10% required out of hours GP services.

### **Conclusion**

This evaluation of a local service development, demonstrated that it is feasible to run as is evident from the referrals, attendance rates, and range of treatments received by patients. The outcome of this service evaluation will inform future local respiratory service planning.

### **Keywords**

GP access, Interdisciplinary, Integrated Care

**Conflict of Interest:** The authors declare that they have no conflict of interest.

